

PENNINGTON CHURCH OF ENGLAND SCHOOL
PENNINGTON
Nr. ULVERSTON
CUMBRIA LA12 ORR.

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Email: admin@penn.cumbria.sch.uk
Web: www.penn.cumbria.sch.uk

Head Teacher: Mrs Helen Storey



Autumn Term Newsletter 01 - 18/09/2025

Dear Parents and Carers,

Happy New School Year!

We are now at the end of the second full week in school. The children have settled in well to their new classrooms and are enjoying learning with their new teachers. Reception class are now in full time after their home visits and open days. We would like to properly welcome our new families. We are really looking forward to educating your children and getting to know them better. Thank you to our Year 6 buddies who have helped to support the Reception children in their first weeks at school. It is super to see our responsible, caring older children adapting to their new roles so well.

There is a lot of information attached to this newsletter which will be of particular interest for our new parents and helpful reminders for everyone else.

Thank you from Staff

Staff would like to thank all parents and children for cards and presents received at the end of last term. They were very much appreciated.

School Uniform

Our school uniform policy asks that children wear sensible black shoes or plain black trainers. Please make sure children's footwear is suitable for playing out. If your child has long hair, please make sure it is tied back. This is safer and occasionally, we have had headlice and they spread very quickly when children's hair is loose.

We ask that children do not wear necklaces and bracelets for school. Children should only wear stud earrings for safety reasons which they should take out themselves for PE and Swimming. This may require some practice at home.

Please ensure children's nails are short and free of extensions and nail polish during term time, as this can cause injury to themselves and others during school activities.

Coats and Wellies

Our playtimes are very active and we try to be outside in all weathers. Please make sure your child has a warm, waterproof coat. Wellies for wet days would also be useful they can be pegged together and kept in our welly sheds next to the field. If you have any old wellies, we would also like to collect some spares so that everyone can have a pair. These will also be used on outdoor days.

Phone Policy

Children must not bring mobile phones into school unless permission is obtained beforehand, please contact the school office to notify us if your child needs to bring a mobile phone into school. Phones must be left in the office for the duration of the school day and only collected once school has finished.

Toys, keyrings and bag charms etc.

We have lots of wonderful play resources for children to use in school therefore we discourage children from bringing their own toys and accessories from home. They find it very upsetting when they lose something precious to them.

Seasonal Flu Vaccinations

The School Aged Immunisations Team will be coming to school on Wednesday 23rd September 2026 for those of you who have signed up for your children to receive the vaccine. The intra-nasal flu vaccine is the most effective protection for your child against flu as well as help protect vulnerable friends and family by reducing the spread of flu. If you have not signed up for your child to receive this in school, you can contact your GP or catch-up clinics will be held at a later date.

Outdoor Days

We will continue offering regular outdoor days for all classes this year. Children will need to wear suitable outdoor clothing for the weather conditions. They should have a waterproof coat, enough warm clothes and wellies or old trainers.

Please see below dates for outdoor learning days.

Tuesday 22 nd September	Year 2
Tuesday 29 th September	Year 4
Monday 5 th October	Year 3
Thursday 8 th October	Year 1
Tuesday 13 th October	Year 5

Individual School Photographs - Monday 5th October

JS Photography will once again be visiting our school to take individual photographs of the children on **Monday 5th October**. If you wish to have a photograph with younger siblings who do not attend Pennington, then please come into school from 8.00am. Proofs will be sent home with instructions of how to purchase on line.

Swimming

Swimming lessons for Year 3 and 4 have begun at Dalton Leisure Centre, please can those parents who have not paid, please make payments on MCAS.

Piano Lessons - New Pupils

Ms Heather Ord now has a limited number of places available for piano lessons within school from Year 3 upwards. Ms Ord has 18 years' experience teaching piano and is currently teaching both privately and in 5 local primary schools. Lessons take place on Thursdays and pupils are timetabled with a weekly 20-minute lesson during school time, with lesson times changing weekly, so as not to interrupt too much learning. If your child is interested, please contact Ms Ord directly by email at: ordheather@gmail.com. Lesson spaces will be given on a first come, first served basis.

Facebook

Do you follow us on Facebook? We post all our activities on this page, including Special Mentions, classroom activities, outdoor learning days, sports events, school trips, school residentials and Friends of Pennington information. It is often the quickest way to receive information about what is going on in school.



Parking and Access

Please leave the first parking space in the layby free for one of our families who need assistance to bring children in and out of school. We appreciate parking outside school is challenging- as it is outside most schools. Please avoid parking on the zigzags. The local police monitor road safety and asks for your cooperation. The carpark at the Memorial Hall and Nursery is reserved for users of those buildings. Please avoid parking there and help us to keep good relations with our neighbours.

Breaktime Snacks

KS1 children are provided with a fruit snack every day. KS2 children may bring a fruit snack to have at breaktime.

School Milk

Every child over the age of five is entitled to milk at a subsidised price, if your child wishes to have milk, please go online and quickly register your child for school milk at www.coolmilk.com. Milk is supplied free for children under five.

School Meals

Please can we remind parents to choose their child's lunch from the Bromcom MCAS app. You can order up to 2 weeks in advance. If you have any problems with your login details, please contact the school office. For those children in Reception Class, Year 1 and 2 who prefer to bring a packed lunch from home please can you inform the school office via the menu option **PACKED LUNCH FROM HOME FOR BOTH MEAL CHOICES**. If a child brings a packed lunch in from home, then you can't choose from the menu for that day. Thank you in advance for your co-operation.

Water Bottles

Children will only be allowed to drink water in classrooms. They may bring juice to have with their lunch but at other times of the day will be encouraged to drink water. No energy drinks or fizzy drinks to be brought into school at any time.

Emergency Contacts

Please ensure you have at least two contacts registered with the school, ideally both parents/main carers. We need to be able to contact parents/carers in case of illness, emergencies and school closure. Please contact the school office to add any additional contacts. You can update existing contact details in the MCAS app under the 'Data Collection' icon and updating the 'Parent Information' if you need to.

Medicine

Following advice, we can only administer prescribed medication. If the prescription states that your child requires medication 3 times per day, this should be administered at home or outside of school hours. If your child requires a prescription 4 times per day, we can administer medication at lunchtime. You will be required to sign and complete a form from the school office. Medication must be provided in the bottle or box that has the prescription details affixed.

We understand that there are reasons that children may require pain relief such as Calpol before they arrive at school. We will not be able to administer another dose during the school day and should a child require further pain relief, we will telephone parents to discuss how best to help them.

Functional Medication/Inhalers

This type of medication is usually prescribed but is, in the main, necessary to ensure that a young person can function normally. Where functional medication must be given, staff will require training in the correct administration procedures. Inhalers and functional medication will be kept in the child's classroom. Please ensure that all inhalers are in date and clearly marked with the child's name. Please also provide school with an up to date asthma plan.

All medical conditions are listed in the MCAS app. Details of how to do this below.

MCAS App - Data Collection

Open the MCAS app then from your dashboard tap the 'Data Collection' icon go to 'Profile', fill out all the fields using the drop downs and click 'Save Changes'. You can then navigate to the 'Parent Profile' below, check and update your details, then click '**Save Changes**'. Changes will only appear once they have been approved by the school administrator. Please ensure all the required fields are completed.

The first screenshot shows the 'My Child' dashboard with a grid of icons for various services: Outstanding Payments, Trips, Clubs, Academic Calendar, Attendance, Timetable, Reports, Parents Evening, Data Collection, Parental Consent, and Order History. The second screenshot shows the 'Data Collection Form' with a warning message and sections for Student Information and Parent Information. The third screenshot shows the 'Profile' form with fields for Date of Birth, Gender, Country of Birth, Religious Affiliation, Ethnicity, Religion/Custom/Deed, Transfer/Opport, Nationality, and Service Child, followed by a 'Save Changes' button.

My Child

Perrington Golf School

Outstanding Payments Trips

Clubs Academic Calendar

Attendance Timetable

Reports Parents Evening

Data Collection Parental Consent

Order History

Data Collection Form

Please note - Any amendments will first be approved by the Perrington Golf School - 16726 administration staff before any records are permanently updated. Amendments that are not approved will revert back to their original state.

Student Information

Profile

Medical, Dietary Needs & Disabilities

Previous Schools

Languages

Contact Information

Parent Information

Profile

Contact Information

Profile

Date of Birth *

Gender

Female

Country of Birth *

Select

Religious Affiliation *

Christian

Ethnicity

White - British

Religion/Custom/Deed *

Not A Refugee/Asylum Seeker

Transfer/Opport *

Select

Nationality *

Select

Service Child *

No

Save Changes

Once completed move to the Medical, Dietary Needs & Disabilities tab to update any medical conditions, food allergies or disabilities from the drop down lists then click '**Save Changes**'. You can then select a Doctors Surgery from the drop down, click 'Done' and '**Save Changes**'.

11:34

< Medical, Dietary Needs & Disabili...

RFID Number

Emergency Consent to School

Emergency Consent to School ☐

Medical Conditions

Please Select

Disabilities

Not collected

Linked Surgery

Dr Murray and Partners

View Special Education Needs

Save Changes

10:21

< Medical, Dietary Needs & Disabili...

RFID Number

Emergency Consent to School

Emergency Consent to School ☐

Medical Conditions

Please Select

Disabilities

Not collected

Linked Surgery

Dr Murray and Partners

Back Done

Select

Bridgegate Medical Centre

Dr Murray and Partners ✓

Dutton Valley Medical Practice

Duke Street Surgery

Haverthwaite Surgery

Hood Medical Practice

Market Street Medical Practice

11:28

< Parental Consent

Manage Your Consents

Allow all of them ☐

Please call the school or visit reception to revoke any parental consent.

Challenge Action Group

Takes out of school to litter-pick, visit a care home and attend community events.

☐ No, I don't give consent

Media consent

Permission for your child to appear on TV, Radio and on internet based platforms, such as Facebook.

☒ Yes, I give consent

Offsite Sporting Events

Permission for your child to attend sports events and competitions at other schools and education centres.

☒ Yes, I give consent

Printed Media Consent

Consent for your child to appear in Newspapers and Magazines.

☒ Yes, I give consent

Navigate back to the dashboard then tap the 'Parental Consents' icon and select the consents you wish to grant, once given, consent can only be revoked by the school administrator. Please note, Challenge Action Group is only for pupils in Years 3 - 6.

After School Clubs

All clubs need to be booked, paid for and permission given through ParentPay. There will be a nominal charge for clubs run by school staff to cover resources and sports/outside providers will be charged to cover their time. We still consider this to be good value. Thank you to staff for giving their time freely to offer these opportunities. Clubs will start the third week back for 6 weeks.



After School Clubs - Autumn 1 2026

Day	Activity	Leader	Where?	Time
Monday	Multi-Sports Year 1, 2 & 3 £17.50	Isaac	School Playing Field Hall when wet	3.15-4.15pm
Tuesday	Stay and Play Year 1, 2, 3, 4, 5 & 6 £10.00 (Full)	Miss Simona	School Playground Hall when wet	3.15-4.15pm
Wednesday	Multi-Sports Year 4, 5 and 6 £17.50	Isaac	School Playing Field Hall when wet	3.15-4.15pm
Thursday	Lego club Year 1, 2 & 3 £10.00 (Full)	Miss Steel	Year 1 Classroom	3.15 - 4.15pm
	Chess Club Year 3, 4, 5 and 6 £10.00 (25 places)	Miss Mycock	Year 6 Classroom	3.15 - 4.15pm
	Sewing Club Year 5 and 6 £10 (Full)	Mrs Baldwin	The Hall	3.15 - 4.15pm

After School Club Attendance - To enable that we know your child is safe, please can you let school know if your child is not going to be able to attend their after-school club. Thank you.

SCHOOL TERM DATES 2026/2027



AUTUMN TERM 2026

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Wednesday 2 September	Friday 18 December	Monday 26 October - Friday 30 October
Number of school days in term - 73		

SPRING TERM 2027

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Wednesday 5 January	Friday 25 march	Monday 15 February - Friday 19 February
Number of school days in term - 53		

SUMMER TERM 2027

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Monday 12 April	Friday 16 July	Monday 31 May - Friday 3 June
		Good Friday - 26 March Easter Sunday - 28 March Easter Monday - 29 March May Bank Holiday - 3 May

Number of school days in term -64

Number of days in year - 190

INSET Days: 1 and 2 September

SCHOOL TERM DATES 2027/2028



AUTUMN TERM 2027

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Monday 6 September	Friday 17 December	Monday 25 October - Friday 29 October
Number of school days in term - 70		

SPRING TERM 2028

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Wednesday 5 January	Friday 31 march	Monday 14 February - Friday 18 February
Number of school days in term - 58		

SUMMER TERM 2028

<u>STARTS</u>	<u>ENDS</u>	<u>HALF - TERM HOLIDAY</u>
Monday 18 April	Friday 20 July	Monday 31 May - Friday 3 June
		Good Friday - 14 April Easter Sunday - 16 April Easter Monday - 17 April May Bank Holiday - 1 May

Number of school days in term -62

Number of days in year - 190

INSET Days: Thursday 2 and Friday 3 September 2027
 Tuesday 4 January 2028



The Friends of Pennington School Newsletter

What is the FoP?

Introducing the Friends of Pennington School:
The FoP is a welcoming community of parent/carer volunteers who collaborate with teachers and other "friends" to enhance the school experience and ensure a quality education for all pupils. We encourage everyone to participate, as we appreciate all contributions, great and small. This is your association, and we value your input!



How does the FoP benefit the school?

The FoP is an independent, small-scale charity organisation operated entirely by volunteers. Research shows that parents and carers have a significant influence on their children's academic achievements. By taking an active role in the FoP, you can play a crucial part in your child's success and make a genuine impact on their school life.

What does the FoP do?

Our Organisation's Core Objectives:

- Raising funds for school initiatives through charity events, activities, and grant applications from local businesses.
 - Establishing a social support network for parents and carers.
 - Volunteering our time to provide parents with opportunities to engage in their children's educational experiences.
 - Supporting the local community.
- 

Please contact FoP@penn.cumbria.sch.uk if you would like to help out at future fundraising events and be on the committee.

A BIG THANK YOU!

Thank you for your continued support and contributions to all the FOP Events, we have had a fantastic year of fundraising!! We have smashed our target and made some amazing memories with the children and our friends.

Your School Needs You!!

We need new members! Are you willing to spare a little time each half term? Do you enjoy organising fun and enriching events for your children and school community? Would you like to make new friends and help your school thrive at the same time?

If you do, we would like you to join us. It doesn't matter how much time you can spare, each and every contribution helps and is appreciated, even if it is just for one event.

Our first event will be an Autumn Disco, date to be confirmed, if you would like to help organise or volunteer on the night, please contact us.

If you would like to join the Friends of Pennington, please see Stella in the school office or contact us using the email below.

Rob, Jane, Sidonie, Siobhan, Stella and Amanda.

Friends of Pennington School

Email us at FoP@penn.cumbria.sch.uk to get in touch

Support Friends of Pennington with easyfundraising

Shop with over 8,000 retailers via #easyfundraising and earn a free donation for us at the same time.

All the big names like eBay, Argos, John Lewis & Partners, Tesco and Just Eat are ready to donate. It won't cost you anything extra.

<https://join.easyfundraising.org.uk/friends-of-pennington/wmqkbw/c2s/mQ7oHj9a/CE947/textcopy/159.48>

Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to us. It won't cost you any extra!



 easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



1 Visit www.easyfundraising.org.uk

2 Sign up and search for us

3 Your favourite brands donate to us
whenever you shop with them

Shop with 8,000+ brands including:

Booking.com

eBay

M&S

GROUPON



TUI

JOHN
LEWIS



Viking

ASOS



Uber Eats

Good news for families!

Free School Meals are changing

Universal Credit recipients can apply now

From September 2026, all children whose parents or carers receive Universal Credit will be eligible for free school meals, regardless of income.

- No income threshold
- Working and receiving a Universal Credit top-up? You can apply
- Save money on school meal costs
- Universal Infant Free School Meals still continue (reception, Years 1 & 2) (no need to apply)

Check your eligibility and apply today

Don't miss out. Apply now and make sure your child receives their entitlement scan the QR code or visit www.westmorlandandfurness.gov.uk/schools-and-education/free-school-meals-and-clothing-vouchers



flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit
www.nhs.uk/child-flu

CHRISTMAS SHOEBOX APPEAL 2026

Bringing Hope to Children in Romania & Ukraine

TARGET: 1,250 SHOEBOXES

250 completed • 1,000 more needed

COLLECTIONS

From 2 November 2026

Collections take place during the two weeks after half-term. Nicu Gal will collect and transport the shoeboxes to Romania.

TRANSPORT DONATION

£3 per shoebox (sealed envelope inside box).

SUPPORT FOR SCHOOLS

- Classroom visits
- Assembly presentations
- Short videos
- Starter kits, shoeboxes, wrapping paper and Christmas cards supplied.

WHAT TO INCLUDE

- Toothbrush & toothpaste
- Soap, flannel, brush
- Pens, pencils, paper
- Ruler, sharpener, rubber
- Gloves, hat, scarf
- New socks & underwear
- Soft toy
- Games & puzzles
- Toy vehicle or small ball
- Sweets (long expiry date)
- Christmas card, drawing or message

EVERY SHOEBOX MAKES A DIFFERENCE

Hilary & Alan Docker

07737 477 814 | 07566 730 891

hilarydocker@yahoo.co.uk | alan.docker@yahoo.co.uk

People to People Foundation, Romania

Nicu Gal • office@people2people.ro • +40 359 411 700

THANK YOU FOR HELPING US SHARE HOPE AND JOY THIS CHRISTMAS

空手道

KARATE

DISCIPLINE • CONFIDENCE • RESPECT • FUN

STRONGER
KIDS
BRIGHTER
FUTURES

UPCOMING CLASSES WITH SENSEI NATALIE



I have two exciting events coming up! These are a great opportunity for your child to enjoy some extra training ahead of their potential grading in October, build their confidence and have lots of fun.

SUITABLE FOR COMPLETE BEGINNERS • KARATE MADE FUN!



BASIC SKILLS KARATE COMPETITION



Sunday
20th September



1pm – 4pm



£20



Beacon Hill
Methodist Church



AGES 4–13



Drop-off session only

Students will be taught a selection of karate techniques and then receive a score out of 10 for each one. The three highest-scoring students will receive 1st, 2nd and 3rd-place medals, and every child who takes part will receive a participation medal.



OCTOBER HALF-TERM KARATE CAMP



Monday 26th,
Tuesday 27th and
Wednesday 28th October



9am – 1.30pm



£25 per day
or all three days
for £60



Beacon Hill
Methodist Church



AGES 4–13

Star Student medals will be presented each day, with one special overall trophy awarded during the camp!



TO BOOK: Message Sensei Natalie on 07581 073533
or reserve your child's place through the MyTownHub app.

LEARN | TRAIN | GROW | BELONG

MORE THAN
JUST A SPORT



ASPIRE

— ACRO, DANCE & TUMBLE —

BUILDING CONFIDENCE + STRENGTH + SKILLS



Weekly Class Timetable

Monday	Class
5:00 – 5:30pm	Tots Tumble
5:30 – 6:30pm	Under 8s Acro
6:30 – 7:30pm	Beginners Tumble
7:30 – 8:30pm	Acro Age 8+

Tuesday	Class
5:00 – 6:00pm	All Abilities Tumble
6:00 – 7:00pm	Acro Age 8+
7:00 – 8:00pm	Intermediate / Advanced Tumble

WHAT IS ACRO?

Acro is a combination of dance, gymnastics and balance. It focuses on strength, flexibility, balance and partner work, helping gymnasts build confidence, coordination and control through fun and creative skills and sequences.



WHAT IS TUMBLE?

Tumble is a form of gymnastics that focuses on floor skills such as forward rolls, backward rolls, handstands, cartwheels, round offs and more. It builds strength, flexibility, coordination and confidence in a safe and supportive environment.



LOCATION

Lindal Moor
Cricket Club

New Venue

SAME GREAT
CLASSES

AGES 2+ | ALL ABILITIES WELCOME

ASPIRE



Nrg dance academy



**EVERY
SUNDAY**

We offer a variety
of styles such as cheer
dance, street dance,
lyrical, acro.

Ulverston
Cheer dance 1:30-2:30
Street dance 2:30-3:30
Lyrical/contemporary 3:30-4:30



All of our wonderful classes are held at :
Ulverston : ulverston

Methodist church , LA12 0AN

CONTACT US ON WHATSAPP USING 07522754767

 **xnrgdancex**  **NRG**

2026-2027

NEW SATURDAY SERIES!



**OUR POPULAR SATURDAY SERIES
RETURNS FOR A SECOND YEAR!**

**REGISTRATION FROM 1PM
COURSES CLOSE 3.30PM**

UPCOMING DATES:

SEPT 12TH URSWICK SCOUT CAMP

OCT 10TH GUNSWICK SCAR

NOV 14TH SEA WOOD

**FAMILY ADVENTURES - LINE
COURSES FOR NEWCOMERS &
FAMILIES**

**JUNIOR LEAGUE - RUN SOLO OR
IN PAIRS TO SCORE POINTS**

**SCORE COURSE - FOR A BIGGER
CHALLENGE**

**ODDS AND EVENS SCORE - FOR
EXPERIENCED ORIENTEERS**

EVERYONE WELCOME!



lakeland-orienteering.org.uk





September Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Facing Defiance	1 Sep 10am
Cannabis & Ketamine Awareness	1 Sep 7pm
Supporting Healthy Sleep	7 Sep 10am
Raising Self-Esteem	7 Sep 7pm
Introduction to OCD	8 Sep 10am
Decreasing Depression	8 Sep 7pm
What is ACT?	14 Sep 10am
Improving Family Communication	14 Sep 7pm
Supporting a Child with ADHD	15 Sep 10am
Understanding Addictive Behaviour	15 Sep 7pm
Understanding the Teenage Brain	21 Sep 10am
Understanding Anger	21 Sep 7pm
Autism: Improving Communication	22 Sep 10am
Supporting Healthy Screen Use	22 Sep 7pm
FREE - Masking Awareness	24 Sep 7-8pm
Anxiety Explained	28 Sep 10am
School Anxiety	28 Sep 7pm

Masking Awareness

FREE



FREE

Free online talk for parents
24 September 7pm - 8pm

Book online

facefamilyadvice.co.uk
Parent - Live Talks page

